**Seminar 3--** Communication 2, Legal Issues in the Workplace, Career Planning 1



Reflection Journal # 3

Where did you work? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Describe the job(s) you did at that workplace.

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Who did you work with most of the time? Describe that person.

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What was the easiest part of the job?

What was the most challenging?

Offer a piece of advice to another student starting the same job:

We discussed workplace safety during Seminar 2. Describe the safety measures used at your workplace.

Reflecting on your work experience:

Match the Personal Traits with the best descriptor:

Friendliness, enthusiasm, adaptability, and respect for others

Self-control

Confidence

Loyalty and trustworthiness

Dependability and positive motivation

The ability to say and do things in a respectful way

**Responsibility**

**Self-Esteem**

**Sociability**

**Self-Management**

**Tact**

**Integrity and Honesty**

 The Circle of Conflicts