**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ p. 478-492 \_\_\_\_\_\_ /30 pts.**

**Sleep and Sleep Disorders**—**Macbeth, Act V, Scene 1**

(1) Analyze Lady Macbeth’s illness based on what you know about sleep walking, talking, a human’s need for sleep, and Lady Macbeth’s character.

(2) Find an article that adds to your knowledge of the human need for sleep. Add your notes from the article at the end of this reading. Be sure to create an MLA citation for the source.

**(3) After you read Act V, Scene 5--**Lady Macbeth undergoes a transformation during the play. Many consider her ruthless and cold as she is depicted in Act I and II. She tries to protect Macbeth during Act III, though she does not know what Macbeth is plotting. **Considering her mental instability in Act V, Scene 1, does Lady Macbeth become a sympathetic character? Why or why not?**

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| **ACT V SCENE I** | *Dunsinane. Ante-room in the castle*. |  |
| 1[*Enter* a Doctor of Physic and a Waiting-Gentlewoman] | | |
| Doctor | I have two nights watched with you, but can perceive |  |
|  | no truth in your report. When was it she last walked? |  |
| Gentlewoman | Since his majesty went into the field, I have seen |  |
|  | her rise from her bed, throw her night-gown upon |  |
|  | her, unlock her closet, take forth paper, fold it, |  |
|  | write upon't, read it, afterwards seal it, and again |  |
|  | return to bed; yet all this while in a most fast sleep. |  |
| Doctor | A great perturbation in nature, to receive at once | 10 |
|  | the benefit of sleep, and do the effects of |  |
|  | watching! In this slumbery agitation, besides her |  |
|  | walking and other actual performances, what, at any |  |
|  | time, have you heard her say? |  |
| Gentlewoman | That, sir, which I will not report after her. |  |
| Doctor | You may to me: and 'tis most meet you should. |  |
| Gentlewoman | Neither to you nor any one; having no witness to | 20 |
|  | confirm my speech. |  |
| [*Enter* LADY MACBETH, with a taper] | | |
|  | Lo you, here she comes! This is her very guise; |  |
|  | and, upon my life, fast asleep. Observe her; stand close. |  |
| Doctor | How came she by that light? |  |
| Gentlewoman | Why, it stood by her: she has light by her |  |
|  | continually; 'tis her command. |  |
| Doctor | You see, her eyes are open. |  |
| Gentlewoman | Ay, but their sense is shut. |  |
| Doctor | What is it she does now? Look, how she rubs her hands. | 30 |
| Gentlewoman | It is an accustomed action with her, to seem thus |  |
|  | washing her hands: I have known her continue in |  |
|  | this a quarter of an hour. |  |
| LADY MACBETH | Yet here's a spot. |  |
| Doctor | Hark! she speaks: I will set down what comes from |  |
|  | her, to satisfy my remembrance the more strongly. |  |
| LADY MACBETH | Out, damned spot! out, I say!--One: two: why, |  |
|  | then, 'tis time to do't.--Hell is murky!--Fie, my | 40 |
|  | lord, fie! a soldier, and afeard? What need we |  |
|  | fear who knows it, when none can call our power to |  |
|  | account?--Yet who would have thought the old man |  |
|  | to have had so much blood in him. |  |
| Doctor | Do you mark that? |  |
| LADY MACBETH | The thane of Fife had a wife: where is she now?-- |  |
|  | What, will these hands ne'er be clean?--No more o' |  |
|  | that, my lord, no more o' that: you mar all with |  |
|  | this starting. | 50 |
| Doctor | Go to, go to; you have known what you should not. |  |
| Gentlewoman | She has spoke what she should not, I am sure of |  |
|  | that: heaven knows what she has known. |  |
| LADY MACBETH | Here's the smell of the blood still: all the |  |
|  | perfumes of Arabia will not sweeten this little |  |
|  | hand. Oh, oh, oh! |  |
| Doctor | What a sigh is there! The heart is sorely charged. | 60 |
| Gentlewoman | I would not have such a heart in my bosom for the |  |
|  | dignity of the whole body. |  |
| Doctor | Well, well, well,-- |  |
| Gentlewoman | Pray God it be, sir. |  |
| Doctor | This disease is beyond my practise: yet I have known |  |
|  | those which have walked in their sleep who have died |  |
|  | holily in their beds. |  |
| LADY MACBETH | Wash your hands, put on your nightgown; look not so |  |
|  | pale.--I tell you yet again, Banquo's buried; he | 70 |
|  | cannot come out on's grave. |  |
| Doctor | Even so? |  |
| LADY MACBETH | To bed, to bed! there's knocking at the gate: |  |
|  | come, come, come, come, give me your hand. What's |  |
|  | done cannot be undone.--To bed, to bed, to bed! |  |
|  | | |
| Doctor | Will she go now to bed? |  |
| Gentlewoman | Directly. |  |
| Doctor | Foul whisperings are abroad: unnatural deeds |  |
|  | Do breed unnatural troubles: infected minds | 80 |
|  | To their deaf pillows will discharge their secrets: |  |
|  | More needs she the divine than the physician. |  |
|  | God, God forgive us all! Look after her; |  |
|  | Remove from her the means of all annoyance, |  |
|  | And still keep eyes upon her. So, good night: |  |
|  | My mind she has mated, and amazed my sight. |  |
|  | I think, but dare not speak. |  |
| Gentlewoman | Good night, good doctor. |  |
| [*Exeunt*] | | |